



Train For Something Greater An Athletes Guide to Spiritual Fitness

By Wade Hodges

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 164 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. What if Christ-Followers pursued spiritual fitness with the same tenacity and intensity with which garage gym athletes pursue physical fitness? What would it look like to take principles and insights from the functional fitness movement and apply them to training for Christ-likeness? In Train For Something Greater, Wade Hodges throws his passion for functional fitness and his desire to become more like Christ into the black box. The outcome is a humorous, practical, and inspirational discussion about what training for physical and spiritual fitness have in common. If you love to work out almost as much as you love Jesus, you're going to love exploring the infinite connections between your two passions. If you love working out more than you love Jesus, prepare to explore a deeper meaning behind the phrase ready for anything. If you never work out, but are longing for a fresh approach to training for Christ-likeness, get ready to see spiritual formation from a new perspective, while also being overcome with a strong desire to pick up something heavy. This item ships from La Vergne, TN. Paperback.



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